



Self-Determination Program Orientation

Steps to Enrollment

Here are steps you can follow for enrollment into the Self-Determination Program.

1. **Attend an Orientation.**
2. Choose how you want to get your regional center services.
3. If you want to enroll in the Self-Determination Program, tell your Regional Center Service Coordinator.
4. Identify who you want to help you as you move to the Self-Determination Program.
5. Develop your **Person-Centered Plan** if you want one.
6. Meet with your IPP Team to update your IPP and develop your **individual budget**.
7. Develop your **Spending Plan** and start the process for selecting staff and vendors to support you.
8. Work with your Financial Management Service and possibly an Independent Facilitator to finalize your Spending Plan.
9. Make sure that services have been authorized in the regional center financial systems.
10. Begin receiving services through the Self-Determination Program

More Self-Determination Program Orientation

There are more modules available to give you more information and support as you move towards your services starting in the SDP. You may register for any of the trainings at the link provided below. For more information about these trainings, contact SCDD Regional Office (listed above).

SCDD Statewide SDP Trainings Website: <https://scdd.ca.gov/sdp-orientation/>

Additional training modules include Person-Centered Planning, Individual Budget, Spending Plan, Arranging Services and Enrolling.